## Glaucoma



# Eye Monitoring Program

Taking care of your vision

# Welcome to Kaiser Permanente Southern California's Eye Monitoring Program

#### **Glaucoma Suspect**

Glaucoma suspect is a condition with one or more risk factors that may lead to the development of glaucoma. Patients considered to be glaucoma suspects need to be monitored yearly for changes in their eye pressure or the optic nerve. The Eye Monitoring Center provides Optic Nerve Monitoring for members with one or more risk factors that may lead to glaucoma.

#### **Frequently Asked Questions**

#### Who is at risk?

Persons who have one or more of the following factors:

- Family history of glaucoma
- Age-related
- Trauma to the eye
- Abnormal optic nerve

#### What are the symptoms?

Patients considered to be glaucoma suspects do not usually experience any symptoms.

## What can you do to preserve your vision?

Regular monitoring is important to identify and treat people who are Glaucoma Suspects. By monitoring the earliest signs of glaucomatous damages, visual function can often be preserved.

#### When will I be due for a visit?

Every 12 months, you will be contacted to schedule a visit.

### What will my visit include?

During your visit a Technician will provide a test of your vision and eye pressure, as well as an OCT scan of your eyes.



#### Call the Eye Monitoring Program at 1-855-878-6404.

Our staff will be pleased to speak with you, answer your questions, and coordinate a visit if one is needed.

